

Vidya Bhawan Balika Vidyapith, Lakhisarai.

Dear students welcome to new session 2021-22. We hope a bright future in new session. I will send you study topic of social science.

Class-7th, Sub. -Social Science, Date-07-04-2021 By -Punit Kumar

Ch1-History-When, Where and How

In previous class we have studied ancient history of India. Now we have to study medieval history of India in class 7.

History, the study of events of the past , is commonly divided into the **Ancient, Medieval & Modern periods on the basis of changes in social, political & economic organisation and in ideas and beliefs. Each period is distinguished by specific characteristics and development.**

The actual period of medieval period varies from region to region. So, While the medieval period in Europe lasted between 600 and 1400 CE, the medieval period in India extended from the 700-1700 CE which is exactly a thousand year. It is further sub-divided into the **early medieval period(700-1200CE) and the **late medieval period(1200-1700 CE)**, respectively.**

India has been known by various names in different historical periods. In ancient period India was referred by such names as **Bharatvarsha and **Jambudvipa**. The Vishnu Puran says, 'The country lying to the North of the ocean and South of the Himadri I. e. the Himalyas is called Bharatavarsha. This name is also in Rigveda. South Asia was also called Jambu Dwipa or the land of wood apple tree in Puranic and Buddhist text. Patanjali used the term '**Aryavarta**' or **land of Aryans** to denote the northern part of India. The **Zend Avesta** , the sacred book of the Parsees, mentions **Sapta Sindhu** or 'the land of seven rivers' as the name for India.**